

Relationships

Title	Author	Theme	Overview
The Hugasaurus	Rachel Bright Chris Chatterton	Getting on and falling out.	A joyful celebration of kindness and its potential to change the world.
Rhinos don't eat pancakes	Anna Kemp Sara Ogilvie	The importance of listening.	A rhinoceros comes into Daisy's house and she tries to tell her mum and dad, but they're much too busy to listen. They're always too busy to listen.
Banana	Ed Vere	Sharing	An engaging story about sharing.
Milo's Monster	Tom Percival	Friendships and jealousy	This warm and uplifting book is the perfect springboard for talking to children about feelings of jealousy, and encouraging strong friendships.
The Family Book	Todd Parr	Families	This book shows the diversity of families using colourful pictures and animals.
Sometimes Jokes Aren't Funny	Amanda Doering	Friendships	This book focuses on a group of friends and one in particular who uses jokes to make fun of people and bully them.
Best Friends or Not?	Paeony Lewis	Friendships	This story looks at best friends who fall out and how much fun they have playing when they compromise.
On Sudden Hill	Linda Sarah and Benji Davies	Friendships	This book explores the feelings of insecurity faced in changing friendships when a new person joins a friendship group.
The Invisible String	Patrice Karst and Joanne Lew Vriethoff	Relationships	This is a story about the 'invisible' connections between loved ones, even when they are not together.
Wonder	R.J. Palacio	Friendships, relationships and acceptance	This story follows the life of a boy with facial disfigurement due to DNA abnormalities and his journey starting middle school having been home schooled (suitable for upper KS2).



Emotions

Title	Author	Theme	What is it about?
The Stompysaurus	Rachel Bright Chris Chatterton	Overwhelming feelings	A tale about the power of perspective and coping with overwhelming feelings and frustration.
Dave, the Lonely Monster	Anna Kemp Sara Ogilvie	Emotions and kindness	Find out in this warm, funny story about the importance of being kind to one another.
Grumpy Frog	Ed Vere	Emotions	Someone is having one of those days.... A witty story about getting rid of the grumps!
Ravi's Roar	Tom Pervical	Emotions	A clever and engaging book about dealing with emotions and learning to express your feelings.
Have You Filled a Bucket Today?	Carol McCloud and David Messing	Emotions	This book encourages positive behaviour by using the concrete concept of an 'invisible bucket' that holds your good thoughts and feelings.
The Worrysaurus	Rachel Bright and Chris Chatterton	Emotions	This is a reassuring book about dealing with worries. Great to support children with high levels of anxiety or to promote resilience.
The Colour Monster	Anna Llenas	Emotions	Today the Colour Monster is feeling very mixed up...Can you help him? This book explores colours and feelings in a fun and gentle way.
Shelter for Sadness	Anne Booth and David Litchfield	Feelings and well being	This book explores the importance of making space and time for our own griefs, small or large.
Michael Rosen's Sad Book	Michael Rosen and Quentin Blake	Emotions, particularly sadness	Although mostly about grieving, this book also explores sadness generally, following Michael's own grief after the death of his son.
Let's Talk About When Someone Dies	Molly Potter	Bereavement	This book explores the feelings, actions and ceremonies of death and bereavement.



Well-Being and Mental Health

Title	Author	Theme	What is it about?
Check Mates	Stewart Foster	Understanding ADHD	Felix Schopp isn't a problem child. He's a child with a problem... (suitable for upper ks2).
My Strong Mind	Niels van Hove	Well-being	This book follows Kate, as she uses her strong mind to tackle her daily challenges with a positive attitude.
Cloud Boy	Marcia Williams	Well-being and stress	This book examines the emotions Angie experiences during her best friend Harry's terminal illness. Transferable to anyone experiencing stressful life events (suitable for upper ks2).
Ruby's Worry	Tom Percival	Worries and well being	This book explores how important it is to tell someone if you have a worry. It follows Ruby and her worry that grows into a shadow-like entity when she tries to ignore it.
Thank Goodness for Bob	Matthew Morgan and Gabriel Alborozo	Worries and well being	Max's dog, Bob, teaches him that the best way to deal with worries is to share them with a friend.
The Heart and the Bottle	Oliver Jeffers	Mental health and loss	When something happens to make a girl take her heart and put it in a safe place, she discovers that the world is even emptier than before. Touching on depression and loss but also looking at the power of imagination and love.
Not today, Celeste	Liza Stevens	Depression	This is a story about living with somebody suffering from depression, told through the eyes of a dog called Celeste.



Anti Bullying and Kindness

Title	Author	Theme	What is it about?
Sir Lilypad	Anna Kemp Sara Ogilvie	Bullying and relationships	A teeny- tiny hero in a swashbuckling story of epic proportions.
That's not funny!	Jeanne Willis Adrian Reynolds	Bullying	One day, just for a joke, Hyena puts a banana skin on Giraffe's path, when Giraffe slips and collides with a tree a chain of unfortunate events begins..but who has the last laugh!
Mine's bigger than yours!	Jeanne Willis Adrian Reynolds	Bullying	Little hairy monster is licking a lollipop, when along comes scary monster, 'I'm bigger than you he says, give me your lollipop' Little hairy monster won't and scary monster is in for a big surprise !
Troll Stinks!	Jeanne Willis and Tony Ross	Cyberbullying	Billy the Goat and his friend are playing with a phone when they decide to send mean messages to the Troll living under the bridge. They soon discover the impact their actions have on the Troll.
Is it Because?	Tony Ross	Bullying	This book tells the story of a boy who is the victim of an unpleasant bully. The boy questions why the bully might be picking on him.
Newspaper Boy and Origami Girl	Michael Foreman	Bullying and homelessness	Joey is a poor newspaper seller who sleeps on the street. After bullies steal his money, his newspapers transform into a superhero who takes him on an adventure.
All the Things that Could Go Wrong	Stewart Foster	Bullying and friendship	This narrative follows the viewpoints of teenagers Alex and Dan who end up working together on a project where empathy develops and their relationship grows (suitable for upper ks2)



Equality and Acceptance

Title	Author	Theme	What is it about?
Wonder	R J Palacio	Differences	You can't blend in...when you were born to stand out (suitable for upper ks2).
Mr Big	Ed Verse	Differences	A true friend can come in any shape or size. A book filled with colour, music and warmth.
Meesha makes friends	Tom Percival	Accepting and inclusion	A warm and affectionate look at the joys and difficulties of making and keeping friends.
Ready, steady, jump!	Jeanne Willis Adrian Reynolds	Celebration of individuality	When the other baby animals laugh at Elephant for not being able to jump, he sets out to prove them wrong, and then realises he can do something that they can't do...
Perfectly Norman	Tom Percival	Acceptance and diversity	This story follows Norman, a young boy with wings, who worries what other people will think of them. Links to values of courage, diversity and tolerance.
The Boy in the Dress	David Walliams	Equality and acceptance	This is a book about equality and self acceptance (suitable for upper ks2).
How to Be a Lion	Ed Vere	Acceptance and bullying	This lovely book works together with a friend to communicate to a group of bullies that there is more than one way to be a lion!
The Worst Princess	Laura Bates	Challenging stereotypes	The Worst Princess introduces a brilliant, fearless, funny fierce heroine.



Growth Mindset and Resilience

Title	Author	Theme	What is it about?
The Bubble Boy	Stewart Foster	Resilience	An unforgettable story of a superhero, bravery, super nurses and living each day with curiosity and hope.
Mammoth	Anna Kemp Adam Beer	Finding your place	When an ice age mammoth finds himself in a modern day city, he's not all sure what to make of this huge gleaming forest ...
Tilda tries again	Tom Percival	Resilience & a can do approach	A positive and inspiring story about dealing with challenging situations and believing in yourself.
The Dot	Peter H. Reynolds	Resilience	The story of a little girl whose art teacher helps her develop a 'can do' attitude.
Bears Don't Read	Emma Chichester Clark	Resilience and determination	George the bear will need a great deal of determination, resilience and a little help from a friend in order to overcome the obstacles on the path to success.
Rosie Revere, Engineer	Andrea Beaty and David Roberts	Embracing mistakes	Rosie has a passion for inventing and dreams of becoming a famous engineer. Along the way Rosie must learn how to respond to mistakes.
After the Fall	Dan Santat	Resilience	This humorous picture book recounts the brave and arduous journey Humpty Dumpty took to get back to the top of the wall again.



Other

Title	Author	Theme	What is it about?
The perfect parent project	Stewart Foster	Foster Care	Eleven year old Sam has been in foster care since he was six years old. Now all he dreams of is finding a family and a house he can call his own..
Goldilocks A hashtag cautionary tale	Jeanne Willis Tony Ross	Internet safety	A timely tale about the dangers of ruining your online reputation.
Chicken Clicking	Jeanne Willis Tony Ross	Internet safety	One night Chick hops onto the farmer's computer and - click- she's soon shopping onlinebut when she arranges to meet a friend she has made online, Chick discovers all is not as it seems...
Bedtime for Monsters	Ed Verse	Humor around perceptions	Do you ever wonder if somewhere not too far away there might beMonsters? Scary monsters are given a makeover in this story with a twist !
The pets you get !	Thomas Taylor Adrian Reynolds	Stereotypes	There are so many whiz-bang great pets you can get...But as this small boy learns, even the smallest of pets can be surprisingly fun too!
I'm sure I saw a dinosaur	Jeanne Willis Adrian Reynolds	Challenging perceptions	Can there really be a dinosaur at Sandy Bottom End? Someone's up to something...
Dogs Don't Do Ballet	Anna Kemp	Stereotypes	This book looks at stereotypes through a dog who dreams of being a ballet dancer.
Who's in the loo?	Jeanne Willis Adrian Reynolds	Humor around toileting	Who is in the loo? There's a very long queue. Is it an elephant having a poo?

