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The Devonshire Hill Times
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As we settle into our third week of remote learning here is some top news and tips which we hope you will find motivating and inspiring. If anyone is in need of support please do not hesitate to get in touch - remember we are in this together.

Remote Learning Top Tips

The new year has offered a slightly unusual and challenging circumstances but we must all persevere. Here are some top tips to help with your Home Learning.

- 1. **Keep a good routine -** This includes waking up and getting dressed in time for virtual registration. Bedtime routine is also important, remote learning is still a 'school night' and learning will be smoother if you have had a good night sleep.
- 2. Stay Organised Each night make sure your electronic devices are charged and your pen/pencil/paper are together ready for following day. Keep your passwords safe and accessible for when you need them. Make good use of the timetable provided by your Class Teacher, keep track of time and start each day with a clear plan.
- 3. Be Healthy Eating three healthy meals a day and drinking plenty of water is key brain power. Always have breakfast, remember a hungry tummy = poor concentration. When sitting keep good posture, remember to take exercise daily and be sure to get enough sleep (9-12 hours for 6-12 year olds).
- 4. Take breaks DFE recommend 2-4hrs of good quality home learning each day. As a minimum that is: 4hours a day for Years 3-6, 3hours a day for Years 1-2 and less for younger children. This learning time does not need be continuous. A short break, whether going for a quick walk or having a snack will boost your brain when it is getting tired.
- 5. **Be Positive -** Positivity is a great motivator. Sharing your work onto Google classrooms allows your teacher to provide lots of positive feedback. Our Celebration Assembly and Newsletter are also great ways to boost positivity. Don't forget to share your positive moments and success stories to homelearning@devonshirehill.haringev.sch.uk

If you need support with any of the above our teaching and support staff are here to help and would love to hear from you.

Positive Parents

We have received some wonderful comments and feedback from our families during this difficult time. If you have any messages for our staff please email them to admin team so that your comments can be shared.



Important Dates:

Friday 22nd January Coffee Morning Special guest from - Trăilblazers

> Tuesday 9th February Safer Internet Day

Friday 12th February Chinese New Year

Mon 15th - Fri 19th February Half Term Holiday

Yoga in Year 6

Our Year 6 pupils have stretched their virtual abilities to online Yoga. Each week Ms Panayi will be hosting a different yoga session aimed at boosting physical and mental wellbeing. Yoga is a great practise which focuses on strengthening muscles and developing balance and flexibility. If you took part in the most recent session we hoped that you enjoyed it very much. We would love to share some pictures of our pupils striking their best Yoga pose in the next newsletter. Perhaps you are staying active in a different way, however you are keeping fit don't forget to send in your pictures. Your success stories could inspire and motivate others.



Virtual Assemblies

Keep a lookout on your Google Classroom for our virtual Celebration Assemblies. Each week Mrs D'Abreu will be announcing the successes of our pupils for everyone to watch at home. Our first assembly included the House Trophy with the silky red ribbons to represent the recent Tull House victory. The best attending classes

were also announced; well done to Y2 Sapphire, Y3 Coral, Y5 Quartz and Y5 Onyx for having the top attendance in their phase. You can see the winning attendance scores on the school website home page. Remember we are takina a 'virtual' reaister every day so that we know you are accessing your very important learning online.



















Remote Learning Success!

As promised here are some of our favourite Remote Learning moments so far. We have some incredible art work, fabulous role play and wonderful writing! Don't forget to share with us your own highlights so that we can share them with the Devonshire Hill community.

Coffee Morning

It was areat to welcome some new faces to our most recent coffee mornings, thankyou to all who have attended. As always we extend our invite to all families of Devonshire Hill Primary School. Our recent hot topics have included remote learning advice and an e-safety workshop to assist our parents in supporting their child's education from home. Our next Coffee Morning will include a special guest speaker from the Trailblazers organisation who work alongside schools (including parents) to support and promote 'mental health and emotional well being'.





Dinosaur costumeby Abdur-Rahman—Opal



Vanitas style - symbolic still life by Pearl - Y5 Quartz Class



Letter and number formation practise by Khadeeja - Nursery



Food Vouchers

During this lockdown period the school have continued to provide vouchers to cover free school meal allocations. This is our preferred method and enables parents and carers to buy the healthy and nutritious food that their child enjoys. All eligible parents have received an email explaining how to redeem their electronic vouchers. For queries please email the admin team. Food banks continue to support local communities in these testing times and a referral process is now in place to ensure food is accessible to all who need it. Please visit Haringey's website for details of how to access this service: www.haringey.gov.uk/covid-19/foodbanks. You can also use this link to find out how to donate food.

Rapid/Lateral Flow Test for COVID

There are now 2 Rapid/Lateral Flow Test centres local to the school where parents/carers and children over 12 with no symptoms of Coronavirus can be tested. Results are typically sent within 1 hour of testing. These centres are regularly used by those staff in school supporting our key worker and vulnerable children, to help reduce transmission of the virus. Details of all test centres in Haringey (including for people with symptoms) can be found here (https://www.haringey.gov.uk/news-and-events/coronavirus-covid-19-haringey-together/health-advice/covid-19-testing-haringey).

Times Table Champions

Congratulations to the classes and pupils with the highest scores for Spring Term Week 2, Keep up the hard work!









Get involved in the day FEBRUARY

We have films, free resources, top tips, a quiz, posters and more.













saferinternetday.org.uk



