

# The Devonshire Hill Nursery & Primary School

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Tuesday 12<sup>th</sup> September 2017

## Reception School Meals Booking Form

Dear Parent/Carer,

Please find attached a school meals booking form for Reception classes. Please select your child's meal preference for each day for weeks 1, 2 and 3 by ticking the boxes provided. Your selection will be the meal your child is served at lunch time on that specific day of each week for the autumn term.

The reason for doing this is to encourage children to eat more and try new things. Good nutrition is not only important for physical development, it is widely acknowledged to contribute to cognitive development, concentration in the classroom and educational outcomes. Young children can also be very indecisive and this will help them with their choices and speed up lunchtime service.

Please spend time with your child to go through the menu and decide together what to choose. This is also an opportunity to discuss healthy eating with your child and to practice speech, language and communication skills.

Please complete and return the attached booking form by Friday 15<sup>th</sup> September 2017.

Yours sincerely,

Julie D'Abreu  
Headteacher

