

**The Devonshire Hill Nursery & Primary School
Sex & Relationships Education**

Early Years Foundation Stage (EYFS) - Nursery and Reception Classes

Sex & Relationship Education (SRE) is delivered through topic work such as 'Ourselves' in ongoing Personal Social Emotional Development (PSED).

The children develop:

- Skills to form friendships and think about relationships with others
- Self-confidence and awareness
- Skills to manage and recognise feelings and behaviour

Key Stage 1 – Years 1 & 2

Through the Schools Topic Curriculum the children learn about:

- The life cycles of some animals and the names of the main parts of the human body
- The process of growing from young to old and how people's needs change
- The importance of personal hygiene to maintain good health.

In Religious Education (RE) and Personal Social Health Education (PSHE)

The children learn about:

- Rules for, and ways of, keeping safe
- People who can help them to stay safe

Lower Key Stage 2 – Years 3 & 4

Through the School Topics Curriculum the children continue to learn and gain knowledge of:

- How the human body works.

In Religious Education (RE) and Personal Social Health Education (PSHE) the children will learn to:

- Understand the different types of relationships, including marriage and those between friends and families;
- Understand that all families are different and have different family members;
- Explore the differences between males and females and name the body parts;
- Develop skills needed to form relationships and to respect other people's emotions and feelings;
- Learn how to make simple choices and resist pressures.

Upper Key Stage 2 – Years 5 & 6

Sex & Relationship Education lessons are delivered in Years 5 and 6 and cover the following themes.

Year 5 - Changes

These sessions cover understanding the physical changes that take place during puberty, why they happen and how to manage and understand them.

Year 6 - How Babies are Made

These sessions explain how babies are made within the context of a stable and loving relationship. They show the children how a baby develops in the womb and how a baby is born.

Girl Talk /Boy Talk

These sessions further explore the physical and emotional changes that take place to both boys and girls during puberty.

The main resources the school uses to teach Sex and Relationship Education are Channel 4 Living and Growing - Units 2 & 3

Note: Parents/Carers are informed when these aspects of UKS2 Sex and Relationship Education are taught. This provides opportunities for parents/carers to discuss the content of the lessons and to view the videos and resources being used. Parents/Carers are invited in to 'workshops' held in the school. Parents/Carers can request that their child is withdrawn from some or all of the SRE education in school. If they are doing so they will need to notify the Headteacher of their request to do so.